

Form 144

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer Information

Filer CIK 0001015014
Filer CCC XXXXXXXXX
Is this a LIVE or TEST Filing? LIVE TEST

Submission Contact Information

Name
Phone
E-Mail Address

144: Issuer Information

Name of Issuer Enovis Corporation
SEC File Number 001-34045
Address of Issuer 2711 Centerville Road
Wilmington
DELAWARE
19808
Phone 302-252-9160
Name of Person for Whose Account the Securities are To Be Sold Mitchell P. Rales

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer Director

144: Securities Information

Title of the Class of Securities To Be Sold	Name and Address of the Broker	Number of Shares or Other Units To Be Sold	Aggregate Market Value	Number of Shares or Other Units Outstanding	Approximate Date of Sale	Name the Securities Exchange
Common	Monness, Crespi, Hardt & Co., Inc 767 Third Avenue 16th New York NY 10017	1088756	60741697.20	54496415	05/17/2023	NYSE

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144: Securities To Be Sold

Title of the Class	Date you Acquired	Nature of Acquisition	Name of Person from	Is this	Date Donor	Amount of Securities	Date of Payment	Nature of Payment *
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	Transaction	Whom Acquired	a Gift?	Acquired	Acquired
Common	08/20/2010 Open market purchase	Enovis Corporation	<input type="checkbox"/>	482	08/22/2010 Cash
Common	10/31/2011 Purchase	Enovis Corporation	<input type="checkbox"/>	8333	11/02/2011 Cash
Common	01/24/2012 Purchase	Enovis Corporation	<input type="checkbox"/>	509387	01/26/2012 Cash
Common	01/24/2012 Purchase	Enovis Corporation	<input type="checkbox"/>	4333	01/26/2012 Cash
Common	05/14/2012 Purchase	Enovis Corporation	<input type="checkbox"/>	2500	05/16/2012 Cash
Common	07/31/2012 Purchase	Enovis Corporation	<input type="checkbox"/>	1000	08/02/2012 Cash
Common	07/31/2012 Purchase	Enovis Corporation	<input type="checkbox"/>	1333	08/02/2012 Cash
Common	05/08/2013 Open market purchase	Enovis Corporation	<input type="checkbox"/>	700	05/10/2013 Cash
Common	05/08/2013 Open market purchase	Enovis Corporation	<input type="checkbox"/>	200	05/10/2013 Cash
Common	08/04/2015 Open market purchase	Enovis Corporation	<input type="checkbox"/>	250	08/06/2015 Cash
Common	08/04/2015 Open market purchase	Enovis Corporation	<input type="checkbox"/>	250	08/06/2015 Cash
Common	06/12/2021 Transfer in	Enovis Corporation	<input type="checkbox"/>	1	06/12/2021 Cash
Common	08/02/2021 Open market purchase	Enovis Corporation	<input type="checkbox"/>	33	08/04/2021 Cash
Common	08/02/2021 Open market purchase	Enovis Corporation	<input type="checkbox"/>	33	08/04/2021 Cash
Common	08/03/2021 Open market purchase	Enovis Corporation	<input type="checkbox"/>	20417	08/05/2021 Cash
Common	08/04/2021 Open market purchase	Enovis Corporation	<input type="checkbox"/>	6169	08/06/2021 Cash
Common	01/18/2022 Conversion of CFX TEUs to common	Enovis Corporation	<input type="checkbox"/>	533335	01/18/2022 Cash

* If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

Nothing to Report

144: Remarks and Signature

Remarks

Date of Notice 05/17/2023

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the

securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature

/s/ Mitchell P. Rales

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)